

WIFE SAVERS

By Mrs. Mary Morton

MENU HINT

Breakfast
Boiled Rice with Raisins
Whole Wheat Toast
Bacon
Marmalade

Luncheon
Ham Croquettes with White Sauce
Lettuce and Radishes
Minute-Walnut Tapioca
Milk
Tea

Dinner
Lamb Chops, Asparagus Ramekins
French Fried Potatoes
Lemon Pie

RECIPES

Ham Croquettes.—One cup finely ground cold cooked ham, two cups hot boiled rice, one-half cup milk or rice water, one well beaten egg, one tablespoon finely chopped parsley. Mix thoroughly and spread on a plate to cool. Shape as desired. Dip in beaten egg to which one tablespoon of water has been added, then in fine crumbs. Fry in deep fat or brown in oven. Garnish with parsley and slices of cucumber pickle. Serve with white sauce, plain or with left-over carrots or peas if it.

Maple-Walnut Minute Tapioca.—One pint hot milk, one-third cup tapioca, two-thirds cup maple syrup, one-half teaspoon salt, one egg, two-thirds cup English walnut meats. Cook in double boiler fifteen minutes tapioca, maple syrup and salt in hot milk, stirring frequently. Add the well beaten egg yolk, but no sugar. Stir for three minutes, cool, and add part of the walnut meats, chopped fine. Fold in beaten white of egg, decorate with unchopped nuts, and serve cold with plain or whipped cream.

Lemon Pie.—Beat the yolks of four eggs slightly; add six tablespoons of sugar, a few grains of salt, the grated rind and juice of a large lemon, and

one and one-fourth cups of milk. Line the pie plate with crusts as for custard pie. Pour in mixture. Bake in moderate oven until set. Remove from oven, cool slightly and cover with meringue. For the meringue, beat the whites of four eggs and seven-eighths of a cup of powdered sugar until stiff enough to hold its shape, add two tablespoons of lemon juice drop by drop, continuing the beating. It takes about thirty minutes to beat the mixture stiff, but when it is baked it makes a most delicious meringue. Bake about fifteen minutes in a slow oven.

PROTECT YOUR CURTAINS

One way to protect your curtains from blowing out of the open window or against the screen is to drive a tack in the window casing about a foot from the window sill on each side of the window. Drive two more near the bottom of the window. Take a white linen thread and fasten it to one of the upper tacks, then diagonally across the window to the lower one, back to the other top one and again across, and fasten it on the remaining tack. One housekeeper suggested a silver wire instead of the thread. The wire may be obtained at any hardware store, and a No. 24 wire was used.

SUGGESTIONS

When dividing a recipe it is well to remember that 16 level tablespoons will fill a half-pint cup.

A bedspread, bureau scarf and lamp shade of cretonne will give a cool appearance to your bedroom during the warm months.

Genuine Italian Spaghetti.—Take one pint unbroken spaghetti, cheese (grated), salted or spicy, one pound hot

sausage, two pieces garlic chopped fine, one can Italian paste (tomato), spices, pepper and salt. Fry sausage in suet or lard (some use oil), after garlic has been browned. When sausage is brown add tomato paste, stir it up well, and cook for a minute. Then add one quart of water and cook slowly. That is the secret, so as not to add any more water. When thickened, remove from fire and pour over spaghetti, which has been boiled until tender in boiling salted water. Add grated cheese and serve hot. Do not use American cheese; get the regular Italian spaghetti from the Italian district. Also the Italian tomato paste.

Plain Potato Salad.—Boil potatoes until done. Slice them when cold. Season with salt and pepper. Place on vegetable dish, first garnishing with lettuce. Add vinegar.

Baked Spaghetti.—Place left-over spaghetti and tomato sauce in baking pan. Do not use too much sauce. Bake until brown.

HOW TO WASH LACE

Soak real lace ten minutes in warm soapy water, and then put it into a wide-necked bottle and shake it till clean. Do not squeeze it with the hands at all. This especially applies to lace when its beauty has become fragile with age. Rinse twice, first in warm water and then in cold water. Stiffen with gum-water, which cannot harm the texture in the same way as starch does. Then roll in a cloth about fifteen minutes before ironing on the wrong side with a fairly hot iron, across the lace and not along it, so as to make it as wide as possible, taking care also to press out the points. Very delicate lace that cannot stand ironing should be stiffened in sugar-water—a lump of sugar dissolved in a teacup of boiling water—and then pinned out to dry.

Potato Patties.—Take mashed potatoes, grated cheese, chopped green pepper, chopped onion, minced parsley, bits of sausage, milk, butter, salt, pepper to taste. Mash boiled potatoes with milk, butter; add pepper, onion, parsley and sausage. Mix thoroughly until smooth. Roll in flour after making patties. Fry brown in hot skillet. Serve hot. You may vary by using stuffed green peppers or creamed peas for potato patties.

Do not put more butter into your cake than the recipe calls for. Make your measures level. Some inexperienced cooks think they will improve a cake by putting in more butter but you may spoil it by so doing.

If fat spatters on range during the process of frying, clean at once with newspapers.

To wash chiffon, squeeze it gently in warm soapy water until clean, then thoroughly rinse it in warm water in which a lump of sugar has been dissolved. This will give a little firmness after being ironed. It is best to dry the chiffon before ironing.

ONE ON THE JUDGE

A certain judge once had the tables neatly turned on him by his wife. They had been to church and after the service she and several other women stood in the aisle discussing topics of feminine interest. The judge was quite annoyed at their doing so and on the way home he remarked ungraciously: "Do you know, you chattering women reminded me of Balaam's ass blocking the way?" "Oh, no, dear; you are mistaken," returned his wife calmly. "It was the angel that blocked the way of the ass."

BONUS GIVES HIM A COLLOSSAL TASK



Walter S. Kaye.

No one in Washington is envying Walter S. Kaye the task before him. Kaye, as head of the finger-print identification section of the war department, will have the job of checking the finger-prints on the bonus applications of former soldiers with those on file in his department.

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